



**PROGRAM
GUIDE**



STUDY TOUR: Challenge The Way You Think



Program: Canada Study Tour 2022

20.05.2022 - 05.06.2022

Suggested activities during CST.

*This is only an exemplary version of CST program and only the chosen participants of CST 2022 will get the updated version of CST 2022 with all its detailed activities.

Warsaw/ Toronto

Day	Place	Activity
20.05.2022	Warsaw Embassy of Canada Ul. Jana Matejki 1/5	Opening celebration at Embassy of Canada and Reception for CST 2021 Participants & Friends Meeting with Counselor for Foreign Affairs Jeannette Sauter Canada Study Tour 2021 Welcome words by Alina Deja-Grygierczyk & Ms. Jeannette Sauter Live Streaming with Carla Cuglietta (YoungLeaders.Com) Live Streaming with CST Alumni Participants Small presentations of CST participants about their application for CST, leadership strengths and how they want to serve the world better. Meeting and Question Session with Alina Deja-Grygierczyk
21.05.2022	Warsaw – Toronto	Flight from Warsaw to Toronto
22.05.2022	Toronto	Sightseeing Toronto Bobby Kline Meeting Polish Association of Students at University of Toronto Eric Frederico (University of Toronto) Yonge Streets and other Toronto landmarks 21:00 PM Ferry to Toronto Island (late evening) and CN Tower
23.05.2022 - 25.05.2022	Orilla	3 Day Leadership Camp with YLCC
25.05.2022	Toronto	Spark Conference in Canadian Wonderland and Fun Activities
26.05.2022	Vancouver	Flight to Vancouver and sightseeing
27.05. 2022 - 31.05.2022	Vancouver Island	British Columbia University Victoria University Alert Bay Meeting with Melissa Hoffort (oneself coach) KEN WU (Ecosystem Alliance) Young World. Leaders and Conference at University (Certification Program) Trip to Alert Bay Sightseeing Vancouver Island



Date	Place	Activity
01.06.2022- 03.06.2022	Calgary - Banff	<p>Accommodation at Banff Mountain Resort & Free time Meeting and greet with speakers from YoungLeaders.World Full Day Conference at Banff with YoungLeaders. World and University of Alberta (Tyler Waye) Canadian Leadership Experience and -YoungLeaders.World Leadership Training Certificate</p> <p>Content: Vision and Goal Setting Importance of Knowing Your Values Overcoming Barriers - Mental Health Future of Work Leading with Empathy Importance of Lifelong Learning Vision/Goal Setting and Values- Carla Cuglietta Overcoming Barriers (Mental Health)- Lauren White Future of Work - Tyler Waye Sightseeing Banff and Canadian National Parks: Banff Hot Springs, Lake Moraine, Canmore</p>
04.06.2022- 05.06.2022		<p>Toronto Activities and meetings with speaker and High School Teachers Free time in Toronto</p>

