

Program Canada Study Tour November 2023

04.11.2023 – 19.11.2023 (7th edition)

Day	Place	Activity
04.11.2023	Warsaw – Toronto	PAC Group meeting at Chopin Airport in Warsaw Flight from Warsaw to Toronto Accommodation at Embassy Suites by Hilton at Toronto Pearson Airport
05.11.2023	Toronto	9:00 Breakfast at Hilton Embassy Suites PAC CST Meeting Time 15:00 Leave for Niagara Falls by 2 rented vans 17:00 Accommodation at Hotel Niagara Falls Registration at Vittoria Hotel in NF Dinner and Supper in Niagara Falls (downtown) 19:00 – Opening Ceremonies at Sheraton Hotel in Niagara Falls OSLC (Ontario Student Leadership Conference) Conference is by 23:00 *Precise program will be attached for chosen participants
06.11.2023	Toronto - Niagara Falls	8:00 – 9:00 Breakfast at Sheraton Hotel for High School Students 10:00 – 22:00 OSLC Other CST private meetings: Meeting with and Abbey Gingerich (Vocational High School Teacher Kitchener) Private meeting with some other Canadian teachers and students at conference (Andrew Thibodeau and Carla Cuglietta) Conference workshop and general lectures (Leadership) *Evening activities and High School Conference Party
07.11.2023	Niagara Falls – Toronto	8:00 – 9:00 Breakfast Conference at Sheraton Hotel 13:00 Leave for Toronto Sightseeing Toronto (main landmarks) CN Tower and Ferry to Toronto Island (late evening) *University of Toronto & York University & Waterloo University Late Accommodation in Oshawa at Holiday Inn Express Suites



08.11.2023	Oshawa	8:00 am Breakfast at a hotel 10:00 Travel to University of Ontario and Durham College 11:00 – 15:00 University
08.11.2023	Oshawa University of Ontario	a) visiting university lecture b) visiting the indigenous center c) visiting the global classroom d) a bit of a campus tour e) seeing some labs/learning spaces. 16:00 – 21:00 Dinner and meeting with Prof. Helen Bajorek McDonald and Jean Michel Komarnicki Lunch at Boston Pizza
09.11.2023	Camp Scugog	1 Day Leadership Training at Camp Scugog and Leadership Activities Camp Fire
10.11.2023	Toronto - Vancouver	Early leave for Airport Toronto Flight to Vancouver & Sightseeing Vancouver Totem Poles, Kitsilano Beach, City Centre, Inukshuk, Suspension Bridge Leave for Ferry for Vancouver Island

Vancouver and Vancouver Island 10.11.2023 – 19.11.2023

Date	Place	Activity
11.11.2023	Vancouver Island Campbell River	Kindness and Empathy Course OneSelf by Melissa Hoffort & Personal Coach Training Campbell River Sightseeing PAC Free time
12.11.2023	Sook	PAC Ice Skating in Nanaimo Accommodation at the Cottage in Sook
13.11.2023 14.11.2023	Victoria University of Victoria	Leadership Training at University of Victoria 1 Full Day Conference with YoungLeaders.World Canadian Leadership Experience A YoungLeaders.World (Leadership Training Certificate) Prof. Lois Harder (UVIC) Dr. Curtis Clarke (UVIC) Carla Cuglietta (YLW) Content: Vision and Goal Setting Importance of Knowing Your Values Overcoming Barriers - Mental Health Future of Work Leading with Empathy Importance of Lifelong Learning



14.11.2023	University of Victoria	YoungLeaders.World and Anna Cuglietta Empathy and Personality Training Enneagram Training
		Free time in Victoria (shopping)
15.11.2023	Sooke Port Renfrew	VIP University of Victoria Supper Downtown in Victoria
		Meeting with Endangered Ecosystems Alliance Environmental Canadian conservation organization Old Growth Trees Ian Thompson One Day Trip on Vancouver Island
16.11.2023 17.11.2023	Nanaimo Saanich	Visiting High Schools in Canada Wellington High School & Dover Bay High School in Nanaimo Meeting with Canadian and International Students Lunch at school Attending classes and meeting with a leadership teacher Meeting with Melissa Hoffort Free time in Nanaimo
18.11.2023	Saanich	High School in Victoria /Saanich Trip back to Vancouver and Flight to Toronto
19.11.2023	Toronto	*Possible travel by train to Toronto City (optional) Flight Toronto - Warsaw

