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LEADERSHIP IS A MINDSET

CANADIAN LEADERSHIP  
LEARNING EXPERIENCE

VICTORIA, BC

MAY 2025



FOR GROWTH & GOOD.

# LEADERSHIP IS A MINDSET

**Leadership is a Mindset Full Day of Learning**  
**University of Victoria Campus**

## WHAT IS LEADERSHIP?

### **Vision**

Visions are powerful, they can act as a GSP for your life. Learn how to write a vision for yourself and break it into smaller goals that are achievable. Learn about SMART Goals, how to set them and why they work.

### **Values**

Values are what help us to set our priorities. Students will work through different activities that will help them decide what is most important in your life and why.

### **Strengths**

We all have strengths, things that we are good at. Learn how to identify them to and use them to help you in your own life and for the good of your community.

### **Barriers**

There will surely be things in your life that will feel like barriers to success. YLW helps students focus on mental health and how to recognize and overcome challenges. Students will leave this session knowing that overcoming barriers is a natural part of life and leadership.

## HOW DO YOU LEAD?

### **Leadership with Dr. Lois Harder**

Different situations require different leadership styles. Dr. Harder will share some leadership insights and lessons gained from her various leadership roles in post-secondaries, as an author and a thought leader. Students will also have an open question and answer segment in this session

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## WHY IS LEADERSHIP IMPORTANT?

**Future Ready Leaders - Dr. Curtis Clarke and Carla Cuglietta**

**How can we prepare for the future when it is changing so quickly?**

This session will provide examples as to why creativity; creativity, commitment and critical thinking should be part of your leadership journey as you plan for a great future. Dr. Clarke and Carla Cuglietta will provide insight on WHY leadership is so important for young people to understand in this fast changing world.. This session will help you feel prepared for whatever comes your way.

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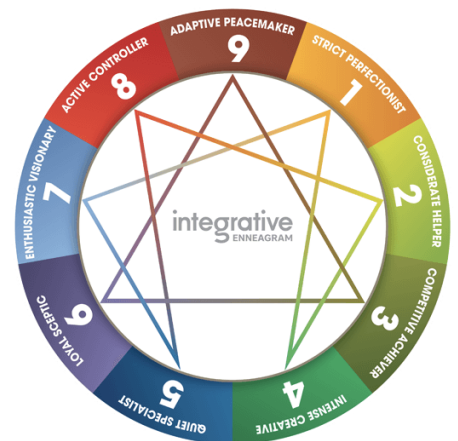
## PERSONAL LEADERSHIP AND SELF-AWARENESS

**The Enneagram™ Integrative Workshop - Anna Cuglietta. (½ day)**

This interactive workshop outlines nine personality types that point to your core motivations and beliefs. It is an amazing tool to see ourselves and one another more clearly. This workshop will help you see the different lenses through which you see the world, which in turn shapes your behaviours. Behaviours used consistently turn into the patterns we play out your life. This workshop will be eye opening and help you develop your awareness skills and improve the way you work with others.

Key take-aways:

- Recognize your areas of strength
- Discover your reactions in challenging situations
- Identify behaviours limiting your success
- Develop effective strategies to work with and lead others





# YOUR SPEAKERS

## MEET CARLA CUGLIETTA



Carla Cuglietta is a Canadian born educator, consultant, humanitarian and keynote speaker. Over the last 22 years she has been involved in global projects in several countries around the world, all aimed at teaching youth about building a better life through personal leadership.

Carla is the Executive Director and Co-founder of YoungLeaders.World, an international non-profit organization with the aim to help young people understand that leadership is a mindset, not a status, and that mindset is possible for all. To date, she has provided leadership training over **25,000 youth** worldwide and has spoken to tens of thousands more through her speaking tours.

Carla has been awarded the Canadian Prime Minister's Certificate of Achievement and the University of Alberta Alumni of Distinction for her work in engaging youth in Canada. In addition, she has been awarded the YWCA Woman of Distinction and the Lions Club International Humanitarian Award for her leadership and humanitarian work around the world. Carla is currently completing her Masters in Global Leadership from Royal Roads University.

## MEET DR. LOIS HARDER



Dr. Lois Harder is the Dean of Social Sciences at the University of Victoria. She is committed to creating opportunities for engaging conversations about leadership. Before starting this new role, Lois was the Principal at the Peter Lougheed Leadership College at the University of Alberta for 3 years.

Lois holds a PhD in Political Science and Government. As an academic, Lois' research and teaching focuses on citizenship law, social policy and the complexities of birthright citizenship. In 2014, Lois was the Eccles Centre Visiting Canadian Fellow in North American Studies at the British Library and a Visiting Scholar at the University of Kent Centre for Law, Gender and Sexuality in March 2015. She also held a Fulbright Professorship at the University of Hawaii (2008). Together with her former student Michelle Thomarat, Lois was awarded the Jill Vicker's Prize from the Canadian Political Science Association for her work.

In addition to her academic work, Lois is an avid amateur musician, playing violin in a piano trio and violin and viola in an early music ensemble.

# MEET DR. CURTIS CLARKE



Dr. Curtis Clarke served as the Deputy Minister for Education and Post-Secondary Institutions in Alberta, Canada for 6 years. He has held a variety of public service leadership positions including associate deputy solicitor general, assistant deputy minister and executive director.

He helped design and implement national and international models of competency-based curriculum design and delivery as a founding member of the INTERPOL Group of Experts in Training, as president of the Canadian Association of Police Educators, and as a board member of the National Police Sector Council.

He holds a PhD in sociology from York University, has a leadership certificate from Cornell University, and has completed an executive program in public policy from the Harvard Kennedy School. Curtis currently works in leadership development and consulting.

# MEET ANNA CUGLIETTA



Anna is Human Resources executive leader with over 20 years of experience, she knows what young people need to be successful in their careers. She has experience building engaging, high-performance cultures and supporting leaders in their path to growth and success. She is trained as a Performance Coach, a Certified Executive Coach as well as a Group and Team Coach from Royal Roads University. Anna is one of the first facilitators trained in Brene Brown's Dare to Lead™ program in Canada. She is a trained practitioner and coach in the Integrative Enneagram™. In 2020, after years listening and navigating the common challenges of women in leadership, Anna co-founded Women Leading, a development program for female leaders.

Anna is also the President and Founder of Catalyst Leadership Coaching. She holds a Bachelor of Arts (BA) and a Masters of Business Administration (MBA) from the University of Alberta and has completed the Queen's Executive Development program (HR).

# MEET CHRIS KOCH



Chris Koch is a farmer, athlete, adventurer and international speaker. His message is to encourage and challenge others to make the most out of life. His goal is to help people see opportunities instead of obstacles by sharing his message of "If I Can". When Chris is not climbing towers or racing marathons for charity, he is traveling the world using his life to inspire others.

He speaks all over Canada and the United States as well as Australia, Cambodia, Nepal, China and Malaysia. He has been a keynote for Google, Apple, and TEDx.

Chris' incredible story has also been profiled on the Oprah Winfrey Network's, Super Soul Sunday and Dr. Oz. Chris will share personal stories that will leave you motivated and inspired to take on adventures of your own.

"I lead by the example of doing the things I have done so far in my life to help others realize that they only hold themselves back from doing the same!" -Chris Koch

## RESILIENCE AND BELIEVING IN YOURSELF

Chris Koch and Carla Cuglietta. will lead a session that will help you believe that anything is possible. Maybe you worry a lot, maybe you doubt yourself, maybe you think you won't succeed...bring your doubts and fears to this session and leave with new inspiration about what is possible!

Chris will share stories from farming, 'wheeling' marathons, climbing the Great Wall of China, and much more. He will leave you inspired to get out into the world and try your best, anything is possible if you put your mind to it. **If he can, so can you.**